

How should I use my
respite time?



Any way you like!

For more information, contact:

ADRC of Washington County

333 E Washington St, Suite 1000

West Bend WI 53095

Phone: 262-335-4497

Aging and Disability Resource Center of Washington County Caregiver Support Programs



*“Self-care is not selfish. You cannot serve
from an empty vessel.”*

~Eleanor Brown

333 E Washington Street

West Bend WI 53095

262-335-4497



N₁ F₄ C₃ S₁ P₃

National Family Caregiver Support Program (NFCSP)

PURPOSE: To provide information and assistance to caregivers about available resources. For those family caregivers that meet eligibility requirements, some funding may be available to assist with in-home respite care, adult day service costs or short-term (overnight) respite at a care facility.

ELIGIBILITY:

1. A family member living with, and caring for:
 - An individual age 60 or older that meets the definition of “frail” as defined by the Older Americans Act, or
 - An individual with Alzheimer’s disease or other form of dementia
2. Grandparents or relative caregivers 55 years of age and older but not the child’s parent, who live with and provide the primary care for:
 - Children under age 19, or
 - A relative with a disability who is 19-59 years of age

FUNDING: 112 hours of respite care service

COST: No cost and not dependent on household income. Those enrolled in Wisconsin’s FAMILY CARE program are not eligible.



A₁ F₄ C₃ S₁ P₃

Alzheimer’s Family Caregiver Support Program (AFCSP)

PURPOSE: To provide information and possible financial assistance to people who are caring for a family member at home with Alzheimer’s disease or another irreversible dementia.

ELIGIBILITY: Individuals with a physician’s diagnosis of Alzheimer’s disease or other irreversible dementias and who meet the income guidelines of the program.

FUNDING: \$4000 of respite care service

COST: Dependent upon household income and patient expenses.