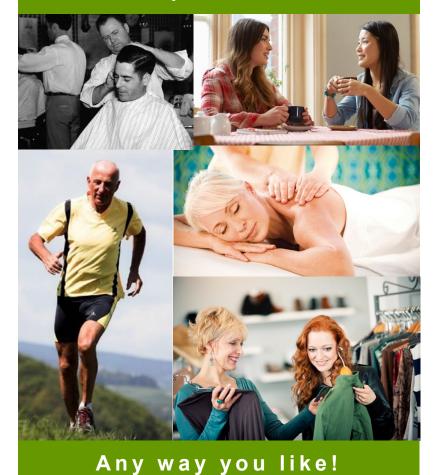
## How should I use my respite time?



For more information, contact:

**ADRC of Washington County** 

333 E Washington St, Suite 1000 West Bend WI 53095

Phone: 262-335-4497

# Aging and Disability Resource Center of Washington County Caregiver Support Programs



"Self-care is not selfish. You cannot serve from an empty vessel."

~Eleanor Brownn

333 E Washington Street West Bend WI 53095 262-335-4497







### **National Family Caregiver** Support Program (NFCSP)

**PURPOSE:** To provide information and assistance to caregivers about available resources. For those family caregivers that meet eligibility requirements, some funding may be available to assist with in-home respite care, adult day service costs or short-term (overnight) respite at a care facility.

#### **ELIGIBILITY:**

- 1. A family member living with, and caring for:
- An individual age 60 or older that meets the definition of "frail" as defined by the Older Americans Act, or
- An individual with Alzheimer's disease or other form of dementia
- 2. Grandparents or relative caregivers 55 years of age and older but not the child's parent, who live with and provide the primary care for:
- Children under age 19, or
- A relative with a disability who is 19-59 years of age

**FUNDING:** 112 hours of respite care service

COST: No cost and not dependent on household income. Those enrolled in Wisconsin's FAMILY CARE program are not eligible.







#### Alzheimer's Family Caregiver Support Program (AFCSP)

**PURPOSE:** To provide information and possible financial assistance to people who are caring for a family member at home with Alzheimer's disease or another irreversible dementia.

**ELIGIBILITY:** Individuals with a physician's diagnosis of Alzheimer's disease or other irreversible dementias and who meet the income guidelines of the program.

**FUNDING:** \$4000 of respite care service

**COST:** Dependent upon household income and patient expenses.